



CFTU

Christian Feminism To You

Speakers Bureau

She Grieves: Dispelling the Myths and Bringing Healing

Learn about new strategies and trends in grief work and how the postmodern world influences humanity's response to suffering, and share a time of worship and healing.

Our society doesn't do grieving very well. We attempt to "keep calm and carry on," we assign an artificial timeline to the grieving process, we make assumptions about what grieving should look like for men and for women, we believe the research that tells us how to grieve, we think there is no need to grieve for pets, for a miscarriage, for changes in life stages, for broken relationships, or for health challenges. In short, we don't allow this common human experience to be welcomed fully into our lives.

This workshop will dispel myths and combine current theories and practices for grief therapies (moving past Kubler-Ross's five stages of grief) by utilizing lecture, music, art, photography, and literature to promote personal healing. We will conclude with a short time of remembrance and prayer for those places where The Holy can and will bring healing.

This interactive workshop can be adjusted to last from 75 to 90 minutes.

"This workshop was so helpful! I learned some new ways to offer love and support to family members and friends who are grieving."

"I loved the photography. I loved the humor. I loved, most of all, being empowered to let go of some old scars in my life."

Rev. Deb Vaughn

Rev. Deborah (Deb) Vaughn is a professional chaplain endorsed by the Alliance of Baptists. She is a frequent contributor to the RevGalBlogPals blogs, "The Pastoral is Political" and "Friday Prayer," as well as authoring "ViewPoint" blog posts and reviews on *Christian Feminism Today*. Deb wrote the chapter, "Life Disrupted: A Night in the Trauma Room" for Martha Spong's anthology, *There's a Woman in the Pulpit: Christian Clergywomen Share Their Hard Days, Holy Moments and the Healing Power of Humor*. An active social justice advocate, she is currently serving as the coordinator of Christian Feminism Today's Executive Council. Deb lives with her husband and young adult daughters in Washington, D.C. Her many interests include music, public speaking, photography, and blogging.



For booking information contact Christian Feminism Today by emailing office [at] eewc [dot] com.

CFTU (Christian Feminism To You) is a service of Christian Feminism Today. Learn more at eewc.com.