



CFTU

Christian Feminism To You

Speakers Bureau

Bringing Justice to Birth: A Body Theology

Feminist Christian faith has an important role to play in deepening our awareness of childbirth's importance as a rite of passage to empower women without limiting them to biology.

Although childbirth is a major rite of passage for women and their families, as a profound metaphor in the spiritual life, our culture regards it only as a medical event that occurs in the hospital.

Christian theology historically has been silent or unhelpful when it comes to childbirth, yet feminist Christianity has an important role to play in deepening our appreciation. This presentation reflects on the physical process of birth as a means to articulate its holiness and reframe typical understandings in ways that empower women without limiting them to biological motherhood.

This presentation can be adjusted to last anywhere from 45 minutes to two hours, depending on your requirements.

"It was such a blessing spending the afternoon specifically focused on the sacredness of carrying a baby, exploring emotions and fears related to labor and delivery, and using various art forms to express my thoughts. I really enjoyed walking the prayer labyrinth and wrestling with the question: 'How do I carry God's presence into the pain of labor and delivery?'"

Peg Conway is passionate about the transformative power of childbirth as a personal rite of passage. While our culture regards birth as a medical event, Peg emphasizes its spiritual importance. She is the author of *Embodying the Sacred: A Spiritual Preparation for Birth*, which offers reflections, activities, ritual, and prayer for each trimester of pregnancy. She has led birth spirituality programs for women of all ages, including outreach nurses, and has presented on this topic for Christian Feminism Today and Call to Action.

Peg is a graduate of Xavier University and the Medill School of Journalism at Northwestern University. She is a certified celebrant, elected official, former homeschooling parent, and dedicated community volunteer. As a birth professional, she has been certified with Birthing from Within, BirthWorks, and Doulas of North America. Peg and her husband of twenty-six years are the parents of three young adult children. Learn more on her website, <https://pegconway.com/>.



For booking information contact Christian Feminism Today by emailing office [at] eewc [dot] com.

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